



What we were looking for and why?

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‘The Pilgrim Course is a journey to the heart of God and to a living, personal relationship with Jesus Christ.’

The Archbishops of Canterbury and York

What is the Pilgrim course aiming to do?



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A COURSE FOR THE CHRISTIAN JOURNEY

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The audience for Pilgrim?



A Course for the Christian Journey

	What do Christians believe?	How do Christians know & worship God?	How do Christians behave?	What is the Christian vision for the world?
FOLLOW STAGE <i>'Do you turn to Christ?'</i>	1 TURNING TO CHRIST	2 THE LORD'S PRAYER	3 THE COMMANDMENTS	4 THE BEATITUDES
	Available October 2013		Available January 2014	
GROW STAGE <i>'Will you continue in the Apostles' teaching and fellowship?'</i>	1 THE CREEDS	2 THE EUCHARIST	3 THE BIBLE	4 CHURCH & KINGDOM
	Available September 2014		Available January 2015	

Online support

pilgrim

A COURSE FOR THE CHRISTIAN JOURNEY

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WATCH THE PILGRIM TRAILER



What is Pilgrim?

Books

Audio and Video

Resources

Twitter

Wed 8 Oct 14 @ 10:07

RT @DioSalisburyInterested
in exploring Christianity with
no brainwashing? Could
@PilgrimCourse work for
you? <http://t.co/nMFvGii0jf>

Latest news

- **Archbishop of York hails Pilgrim's "great success"**
The Archbishop of York, Dr John Sentamu, has hailed the success of Pilgrim in the last year, as we launch new materials for the Grow Stage.
- **Great Value Grow Stage Pack**
We are delighted to announce a new special offer pack to help you

Sign up for emails

Your first name

Your surname

Your email address

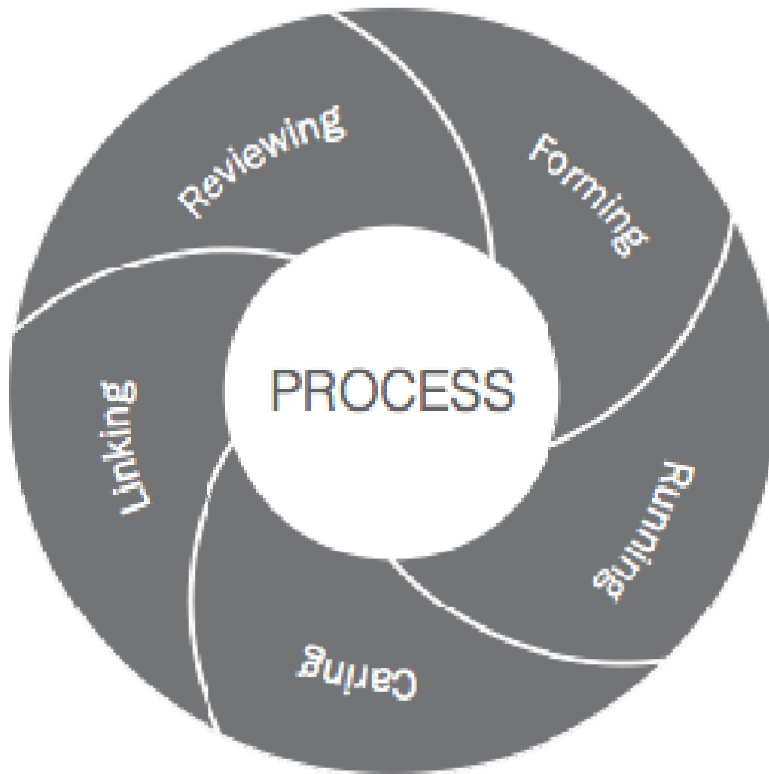
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Processes within a small group



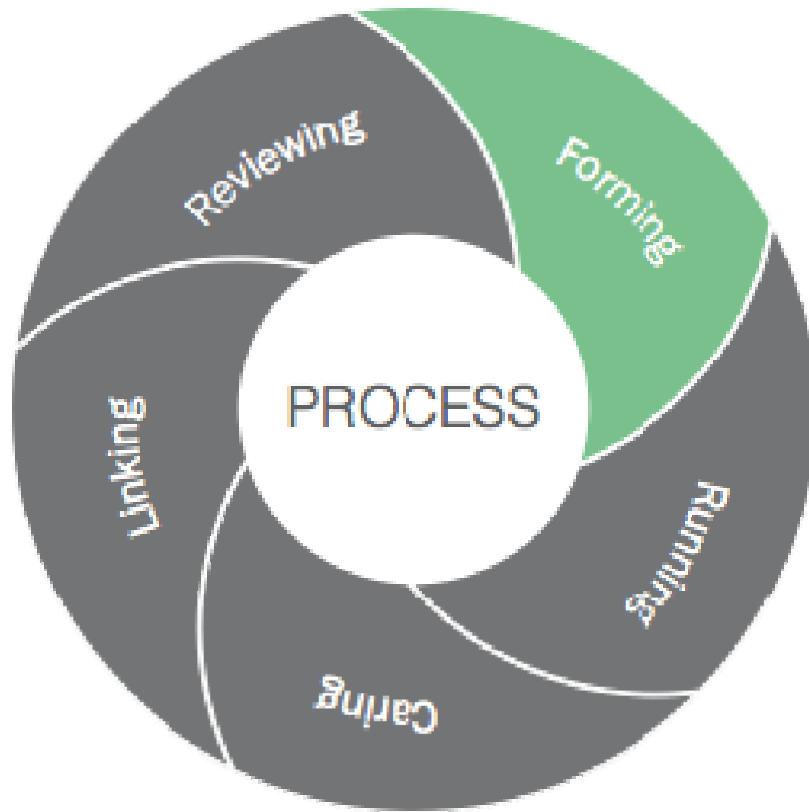
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Small Group Process



A practical model to help groups and facilitators improve the processes of their small group.

Forming/Overview



FORMING: The formation of the group is a continuous task. The group changes and people are looking for confidentiality, trust, shared vision, and engagement. (i.e. Gathering)

Forming/Inviting Others

Some simple ideas for inviting people along:

- First night social event
- A flyer or brochure
- Web site
- Ask people in person (do they need transport, child care?)
- Monitor the intimate group/clique issue



Forming/Within a Group



Some simple ideas for helping the forming process:

- Do you ask about people's week?
- Have you thought about asking questions to stimulate more in-depth conversation without being confrontational?
- Is there time for open discussion?
- Is there time for group prayer?
- Supper/dinner?

Forming/Ground Rules

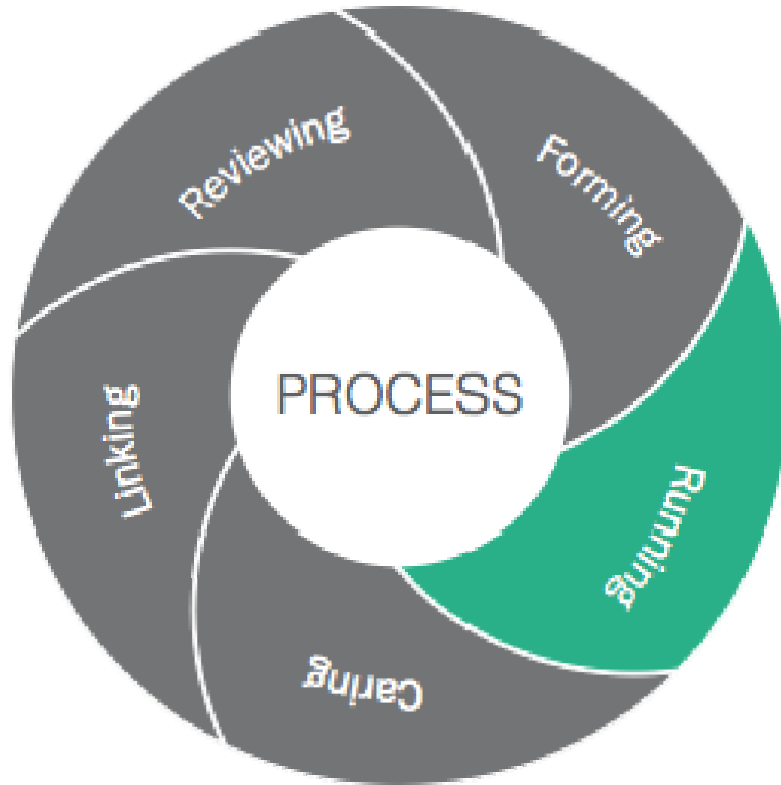
Key questions to ask people

- What do people want to get out of it?
- What do people expect of each other?
- What do people expect of the facilitator?
- Do this at the beginning of every new study (also use this after a study as a great way to review happened)

Should also be four basic 'rules'

1. Confidentiality
2. There is no such thing as a stupid question or comment
3. No one is forced to talk
4. No "put downs"

Running/Overview



RUNNING: The running of the actual group is the process that concentrates on facilitating the actual small group session.

Running/Important Tips

Preparing

- Pray and think about your group members
- Read the material prior to the meeting
- Read the readings prior to the meeting.
- Watch the video and listen to the audio reflection.
 - Need for adjustment/adaptation?
 - What will you use?



Running/Important Tips



The Physical Environment

- Can everyone see everyone? Does anyone sit outside the circle?
- Is it too hot or too cold?
- Is the lighting ok for everyone (e.g., those with a vision impairment)
- Can everyone hear everyone? (e.g., those with hearing impairment)
- Are there distractions? Is there comfortable seating? Privacy?
- Can you see a clock?

Running/Ground Rules

Example Format (90 minutes Total)

7.30PM Informal Catch-up and Fellowship

7.45PM Opening Prayer followed by Study

- Conversation
- Film
- Reflection on Scripture

8.45PM Group Prayer

9.00PM Close

Running/Important Tips

Is time being managed?

Listen

- Don't speak too much. Before you speak, ask yourself "Is this for me, or is this going to assist the process?"
- When people are talking, think as if you will need to summarise (not interpret) what people are saying.
- Use Silence



Running/Important Tips



Using questions appropriately

- Use closed questions sparingly(unless for a very specific reason)
- Most of the Pilgrim questions are open questions
- Ask questions to clarify or draw people out
- Don't target individuals (unless they tried to speak and were cut off)

Running/Important Tips

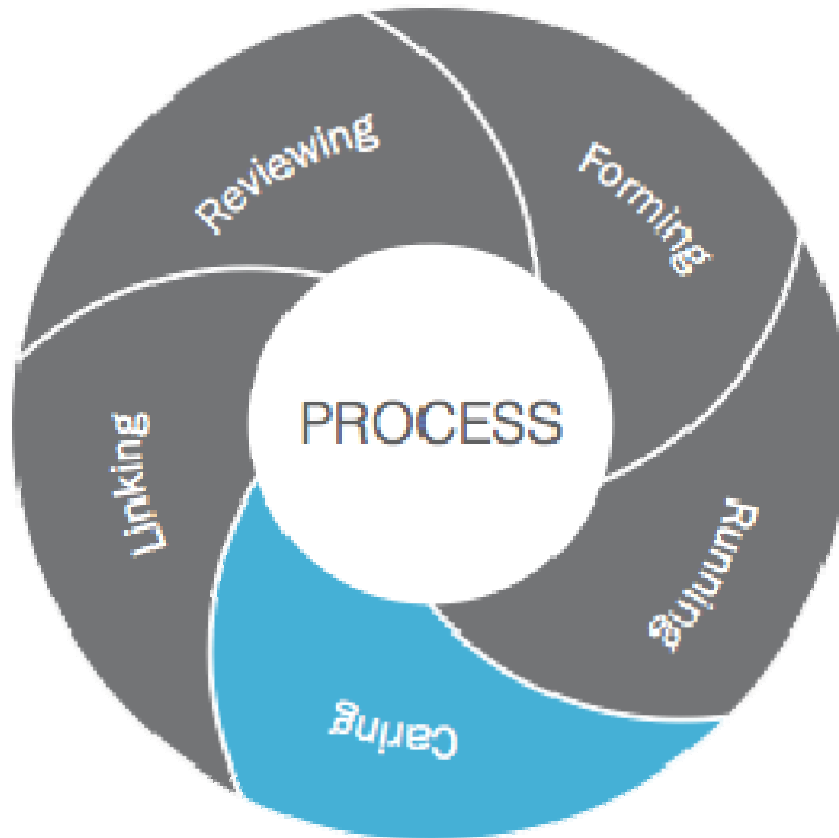
Group prayer

- Ask what people would like prayer for (or use a strategy)?
- Get someone to open, you can finish off
- Use silence
- Keep it simple!
- Be affirming!

Resources

- Bibles (including study Bibles)
- Pilgrim and FormedFaith websites
- Commentaries
- Dictionaries
- Computer software (especially on iPad/tablet etc.) & websites
- Study guides

Caring/Overview



CARING: The pastoral care of group members is a shared responsibility and includes prayer.

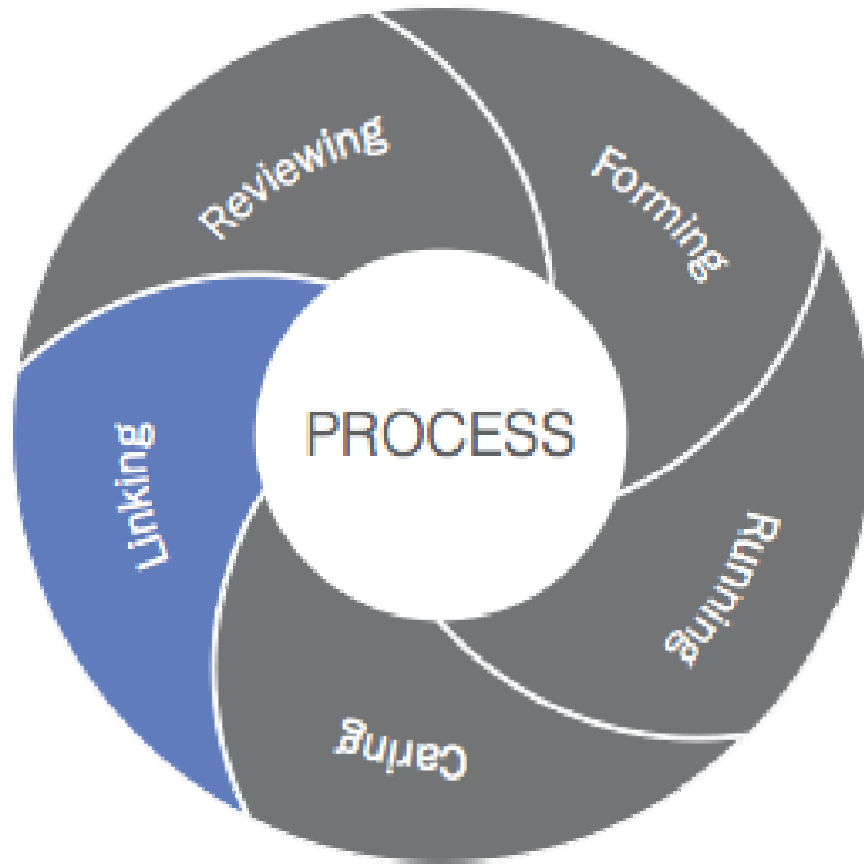
Caring/Important Tips

All members cared for,
but not necessarily all members caring...

- Do you contact participants outside of session?
- Are you praying for them daily?
- Do you know what is happening in their lives?
- Do you expect to be ministered to?
- What are the key things you can do to care for your group members?

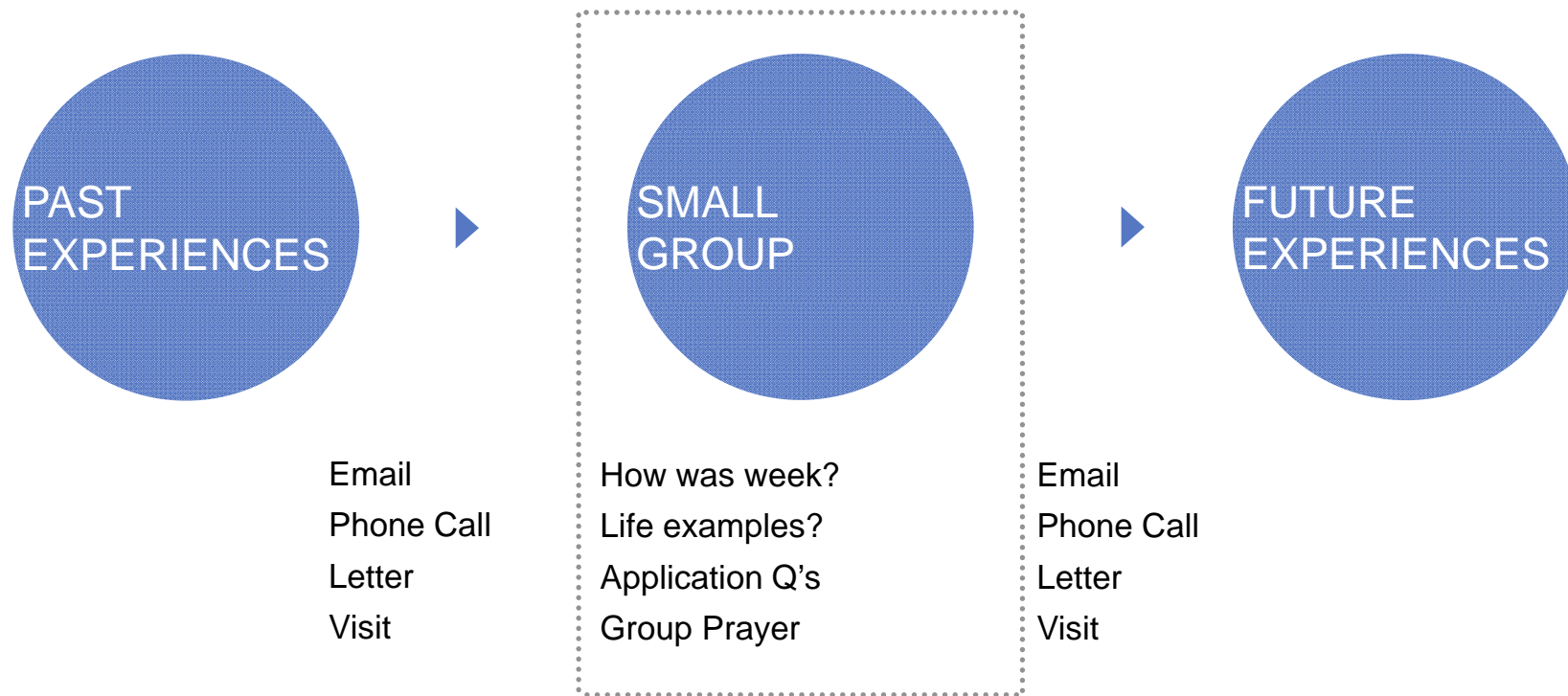


Linking/Overview

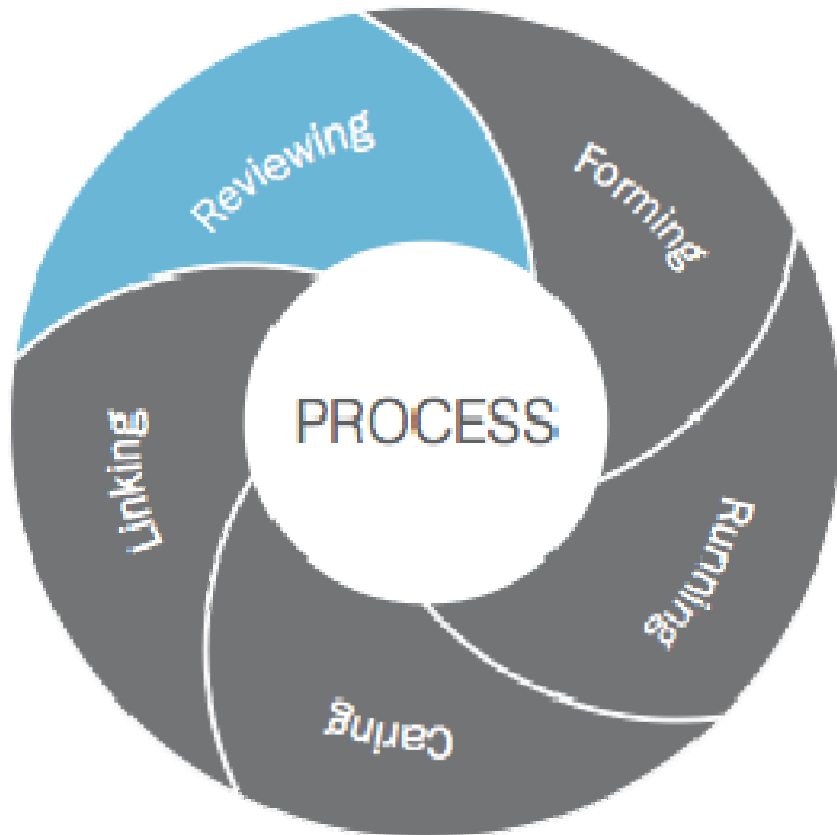


LINKING: refers to the continuous process of managing transitions from week-to-week, between studies, and within studies.

Linking/Transitions



Reviewing/Overview



REVIEWING: is the continuous intentional process of reflecting on the health of the group and members.

Reviewing/Approaches

Group review - periodic

- Ask people for feedback (in your emails, beginning of sessions, etc)

Group review - example method

- At the end of a Pilgrim book, run a review session.
- This session should be an open forum.
- SWOT (Strengths, Weaknesses, Opportunities, Threats).
- Focus on both content and process.
- Are expectations being met?
- Monitor the intimate group/clique issue

Reviewing/Approaches

Facilitator review

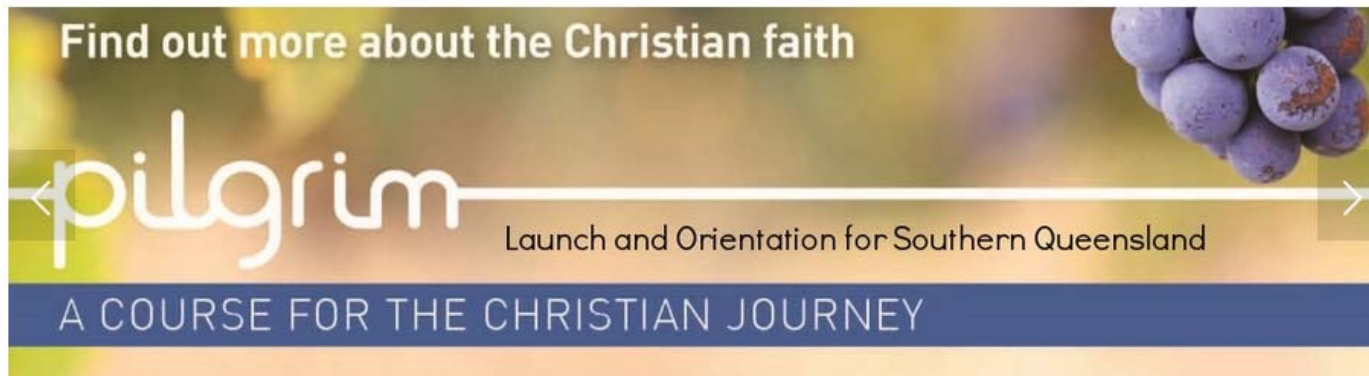
- Reflect & pray on your management of the five processes
- Ask individuals
- Keep notes for yourself



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